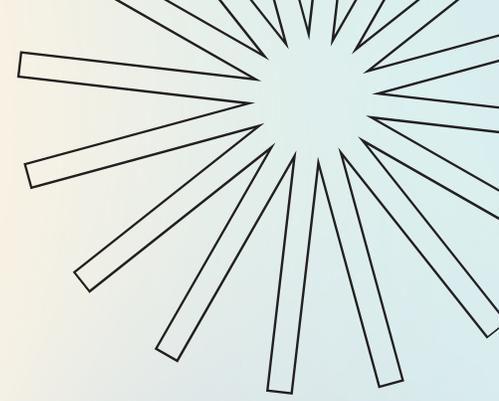


JOURNEY STUDENTS

SMALL GROUP DISCUSSION



From Roots to Fruits: Joy - 3/27/24

Do This

- Would you rather be stuck on a broken ski lift or in a broken elevator?
- Would you rather live at the top of high rise building in New York City or at the top of a mountain?

Break It Down

Joy:

- Is based on what God has done for you.
- Can only come from God.
- Is permanent and will not leave you, no matter what.
- Is God-centered.

Happiness:

- Is based on what you can do for yourself.
- Can come from lots of places, but not all good.
- Is temporary and disappears quickly.
- Is You-centered.

Discuss This

- Who is someone that you consider “joyful”?
- Read Psalm 28:7 - What is the connection between joy and strength?
- How does joy make you stronger?
- Where does God’s joy come from & at what point does it start in your life? (Psalm 51:10-12)
- Does joy come from salvation automatically?
- Is there something in your life that seems to steal your joy? What is it?
- Is there something in your life that helps restore your joy? What is it?
- Read 1 Peter 1:8 - Why would we choose to love Jesus?
- Does loving Jesus bring you joy?

- When you ride in a car listening to the radio and you go through a tunnel, what happens to the music? [It fades or disappears]
- When you ride in a car listening to a cd or an iPod and you go through a tunnel, what happens to the music? [Nothing! It continues!]
- How is this like happiness and joy? [radio = happiness, cd/iPod = joy, tunnel = trials]

- Does God ever promise us happiness in this lifetime? [No, but he does promise joy!]

