

What to Bring

- Bible + notebook + pen
- Sleeping bag or sheets/blanket (for twin bed)
- Pillow
- Towels
- Toiletries (toothbrush, toothpaste, deodorant, shampoo, etc.)
- Shower shoes or flip flops (*if desired*)
- Comfortable clothes (*that you don't mind getting dirty if it happens*)
- Swimsuit (*Girls – One piece or a tankini where the top touches the bottoms*)
- Open heart and mind to what God wants to do in your life!

(We will not be held responsible for lost, stolen or broken personal items.)

What Not to Bring

- Any weapons on any sort (paintball guns and knives included)
- Vapes, drugs, alcohol, any products containing THC or nicotine
- Prank materials or ideas (everyone will sleep in peace!)

Remember, this is a retreat! We will have plenty to do and a whole lot of fun without all these things. If you have to ask if it's okay to bring...leave it home!

*Girls – Leggings/tights/yoga pants may only be worn UNDER skirts or shorts or with a shirt that comes to at least mid-thigh. Also, shorts must be long enough to be seen under your t-shirt or we will give you a pair of boys basketball shorts to wear instead!

*Guys – Shirts are required to be worn at all times.
(Yes, even when you're playing basketball!)

Due to travel space, please limit packing to one large bag or suitcase!